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Becky Thompson. Becky Thompson, activist, scholar, yoga teacher, and author of Survivors on the Yoga Mat: Stories for Healing from Trauma.

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May 19, 2015 Becky Thompson Ph.D., poet, professor, yoga teacher and activist, is the author of several scholarly books on social justice including Survivors on the

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I am a yoga teacher, a professor of sociology at Simmons College in Boston, a poet, and the author of "Survivors on the Yoga Mat: Stories for Those Healing from Trauma."

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