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Sophia Delza is the author of Tai Chi Chuan (2.00 avg rating, 2 ratings, 0 reviews, published 2010), Tai Chi Chuan-Bodymind (2.00 avg rating,

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T'ai Chi Ch'uan: Body and Mind in Harmony. Delza, Sophia. North Canton, Ohio: The Good News Publishing Company, 184 pages (1961) ISBN: 3 2882 005 232 940

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**Encyclopedia, scribner, 1984. 1. classical chinese**

Sophia De1za will have two articles in the International Dance Encyclopedia, Scribner, 1984. 1. enlarged edition of her T'ai Chi Ch'uan: Body and Mind in Harmony.

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